**Appendix 1:** Examples of photographs posted on the “Aves de Portugal Continental” Facebook page and used to assess avian diets in Continental Portugal.



**Photograph A:** Cattle egret *Bubulcus ibis* taking an Iberian green frog *Pelophylax perezi*. Photograph obtained by Pedro Pereira at Ria Formosa, on 15/07/2014.



**Photograph B:** Common kestrel *Falco tinnunculus* taking an Iberian tree frog *Pelophylax perezi*. Photograph obtained by José Caldinhas at Ponta da Erva, on 01/12/2014.



**Photograph C:** Red-backed shrike *Lanius collurio* taking an Orthopteran. Photograph obtained by José Frade in Montalegre, on 23/07/2014.



Photograph C: Yellow-legged gull *Larus michahellis* taking a rat *Rattus* sp. Photograph obtained by Ana Aguileira in Olhão, on 09/11/2016.



**Photograph E:** European bee-eater *Merops apiaster* taking a buff-tailed bumblebee *Bombus terrestris*. Photograph obtained by Renato Barragão in Tavira, on 19/05/2014.



**Photograph F:** Black kite *Milvus migrans* taking a common redshank *Tringa totanus*. Photograph obtained by José Velhote in Vila Nova de Gaia, on 30/05/2015.



**Photograph G:** Blue rock-thrush *Monticola solitarius* taking a Moorish wall gecko *Tarentola mauritanica*. Photograph obtained by João Edgar in Portalegre, on 27/06/2015.



**Photograph H:** Black-crowned night-heron *Nyctocorax nycticorax* taking a European eel *Anguilla anguilla*. Photograph obtained by Armando Caldas in Mafra, on 09/06/2015.



**Photograph I:** Sardinian warbler *Sylvia melanocephala* taking a Lepidopteran larvae. Photograph obtained by Miguel Gracioso at Lezíria Grande do Tejo, on 01/05/2015.



Photograph J: Common starling *Sturnus vulgaris* taking a persimmon *Diospyrus kaki* fruit. Photograph obtained by Nélson Silva at Murtosa, on 01/12/2014.